

## North Texas Food Bank at a Glance

The [North Texas Food Bank \(NTFB\)](#) is a top-ranked nonprofit hunger-relief organization. Each day, NTFB provides access to more than 170,000 meals for hungry children, seniors and families through a network of more than 1,000 programs and 200 Partner Agencies.

In fiscal year 2015, NTFB provided access to 63.4 million meals\*, but much work remains to be done. To meet the current need for food assistance, NTFB has announced a ten-year plan to provide access to 92 million nutritious meals annually by 2025 through a three-pillar strategy of community engagement, network expansion and client visibility. The Food Bank operates its primary distribution center in South Dallas, with its administrative headquarters located at the Dallas Farmers Market.

### Realities of Hunger in North Texas

- In Texas, 4.7 million people are food insecure – that's 1 in every 6 people
- More than 856,000 people in NTFB's 13-county service area are food insecure
- One in every 4 kids in North Texas is food insecure – that's more than 300,000 children
- 95 percent of households served by NTFB have an annual household income of \$30,000 or less
- There's a strong correlation between hunger and health, with one in 3 client households affected by diabetes and 60 percent of client households with unpaid medical bills
- Nearly 70 percent of client households choose between buying food or paying for medicine and medical care

### Eliminating Food Insecurity in North Texas

- NTFB distributed 19 million pounds of fresh produce to those in need last year in addition to 11 million pounds of meats and other high protein foods
- NTFB distributed weekend backpacks to 11,000 chronically hungry elementary students at more than 360 schools through the Food 4 Kids program
- The Food Bank also provided 491,263 meals through the School Pantry program during the 2014-2015 school year
- NTFB is active in the community, teaching low-income families how to prepare nutritious meals on a budget through Share Our Strength's Cooking Matters program, where last year NTFB organized 27 six-week Cooking Matters courses to promote healthful and affordable food choices

### Time, Talent and Treasure Make a Difference

- When you donate \$1 to NTFB you are helping us provide access to 3 meals
- Today 94 cents of every dollar goes toward fulfilling our mission, with 6 cents going toward administration/fundraising expenses
- Last year, nearly 1,000 community organizations and businesses hosted canned food drives collecting more than 500,000 pounds of non-perishable foods
- An estimated 36,500 volunteers – at our South Dallas warehouse, and at community events like the State Fair of Texas, gave their time, talent and treasure to the NTFB last year
- Volunteers donated more than 127,524 hours to help NTFB fulfill our mission to provide access to 92 million nutritious meals annually in the next ten years

\* Some 39 percent of meals are provided through the federal government's SNAP program.