

AROUND

PASSIONATELY PURSUING A
HUNGER-FREE COMMUNITY

the table

You're Giving
HOPE to Hungry
North Texans
this Holiday
Season!



CLOSE THE GAP
50 Million Meals By 2011.

Your gifts are making
such a difference in
the lives of our hungry
neighbors...see inside!

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AN EVERYDAY Disaster

Jan Pruitt: President and Chief Executive Officer

Dear Friend,

Thanksgiving is almost here, and I can't wait to gather around a great meal with my family to celebrate old memories while we make new ones! I am truly thankful for so many things, especially friends like you who join the Food Bank in our mission during this time of great need.

More than half a million people in our community go hungry every day. What's even more upsetting is that 41 percent are children - and that figure continues to rise. My heart broke as I recently read a report stating that more and more children each year are falling into poverty and are at risk of going hungry.

That's one reason we launched our **Close the Gap** Campaign this past summer. We are committed to closing the gap between the food needed by those in poverty and the resources to which they currently have access.

The need became even greater this year as we watched hurricanes take a devastating toll on tens of thousands of people along the Gulf Coast. In collaboration with The Salvation Army, American Red Cross and the Volunteer Center of North Texas, the North Texas Food Bank responded by providing food to those hit hardest by the disasters - both people who evacuated to North Texas and those along the coast.

But we are also dealing with an everyday disaster called hunger. It doesn't always make headlines, yet it resides with us - one block over, down the street, in your neighborhood. Hunger is a harsh reality that thousands of children, families and seniors face daily.

Because of your support, we can provide food to those who face hunger in the midst of a disaster, throughout the holidays and year-round. I hope you are encouraged as you read the following stories of people you have impacted through your generosity. Happy holidays!

CLOSE THE GAP
50 Million Meals By 2011.

You're a Gift to North Texans *in Need!*

As a single mother with a career in healthcare, Janice has been taking care of people her whole life. So when her oldest daughter, who has two young children of her own, recently came to her needing help, Janice didn't hesitate to take her in.

When they first moved in, Janice's grandchildren were very sick. Janice had to take care of their medical bills because her daughter couldn't afford to pay them. Janice's youngest daughter, age 12, still lives at home, so the unexpected costs of caring for three additional people put a significant financial strain on her.

Her daughter and grandchildren have since moved out, but it hasn't been easy for Janice to bounce back – especially now that she's caring for her own mother.

Janice's mother is diabetic and in poor health. It's very important for her to have access to nutritious food. But with expenses like medical bills, rent and utilities, Janice just can't afford to keep enough food in the house for three people.

This holiday season, Janice wants more than anything to be able to provide a special holiday meal for her mom and her daughter. But right now, she just needs a little extra help.

Thanks to your generosity, Janice has found help and hope at **Metrocrest Social Services**, a Member Agency of the North Texas Food Bank. This food pantry provides nutritious groceries and special holiday food to individuals and families in need during the holiday season and year-round.

Janice is so thankful for the help she receives from **Metrocrest**, and she knows it's possible because of your compassion.

"You have made such a great impact in my family's life!" she says. "You are making a big difference. If it weren't for this place, I wouldn't know where to go or what to do."

"You have made such a great impact in my family's life!"



Thank You!

H-E-B's Help End Hunger

Thank you to H-E-B and Central Market stores and their generous patrons for contributing \$20,000 to the North Texas Food Bank through the Help End Hunger campaign. Customers at area H-E-B and Central Market stores added \$1, \$3 or \$5 to their total grocery bill, which will provide 100,000 meals for North Texans in need.

Hunger Action Month presented by Albertsons



Thank to all who participated in the Food Bank's 30 Ways/30 Days Hunger Action Month Campaign in September. This month-long awareness campaign culminated in Hunger Action Day with a team-building opportunity at the Food Bank for our corporate partners. Thank you to our sponsors: Presenting Sponsor Albertsons; Benefactors Southwest Airlines and Newhouse Noblin Legal Search Consultants; and Supporters Credit Suisse, KPMG, and UPS. These hard-working teams packed 51,700 food boxes, and the \$53,000 raised through this day of service provided 265,000 meals.

U.S. Foodservice

The Food Bank received \$20,268 from U.S. Foodservice's "Full Plates, Full Lives" campaign, including the presale benefits from the cookbook *Recipes from the Heart*. Thank you, U.S. Foodservice!

Southwest Airlines

On September 16, Southwest Airlines delivered 345 family food boxes to the Houston Food Bank to assist with Hurricane Ike relief efforts – that's more than 10,500 pounds of food! Southwest also flew 100 employees to relieve workers at Houston's Hobby Airport.

All About Uptown

Thank you everyone who organized and participated in the inaugural All About Uptown Festival September 27. The event featured restaurant booths, tours of Uptown landmarks and a "kids' area" with Schepps' milk and cookies. Funds raised from All About Uptown will provide more than 2,300 meals for those in need! Thank you to Dean Foods for sponsoring this event.

You're Giving Hope for the Holidays!

With the current economic downturn, thousands of North Texans need help with food for the first time in their lives. But thanks to the generosity of friends like you, these individuals and families can breathe a sigh of relief knowing they'll have enough to eat this holiday season. Thank you for bringing hope to the hungry at this special time of year!



Hungry kids can take home backpacks of food over the holiday break thanks to you!

You provide healthy snacks for children in need.

Seniors living on fixed incomes are so grateful for the food your gifts provide.

You're giving hungry children a reason to smile this holiday season.

Thank you for feeding hungry North Texans!

Thank You!

It's a Fair Deal presented by Kroger

With the help of Kroger, the State Fair of Texas, and attendees who brought three non-perishable food items to get State Fair admission for \$1, the Food Bank collected 136,683 pounds of food, which translates to more than 106,783 meals for hungry North Texans. Thank you!



Rent-A-Center

A huge thank you to Rent-A-Center for its gift of \$50,000! This generosity will help the Food Bank provide 250,000 meals to families, children and seniors in need!

Everyone Deserves a Place at the Table

Thank you to Furniture Marketing Group and Haworth for presenting Everyone Deserves a Place at the Table, benefiting the Food Bank. This special evening boasted culinary delights, great raffle items and a silent auction. The event raised more than \$6,625 providing 33,125 meals for North Texans in need!

Thank You, Connie Yates and Tom Thumb!

Connie Yates, a long-time North Texas Food Bank Board Member, has been instrumental in developing a strong relationship between the North Texas Food Bank and Tom Thumb. Tom Thumb is the title sponsor of Empty Bowls and was pivotal in helping launch the Greater Dallas/Fort Worth Souper Bowl of Caring. On a fun note, the famous Tom Thumb "turkey" always makes an appearance at the Coppell ISD annual turkey drive, Kids 4 Turkeys, which last year generated 3,088 turkeys for holiday distribution. We are so thankful for the tireless efforts of Connie Yates and Tom Thumb in the fight against hunger!

Thank You!

Thank you to the following groups and individuals for donating their time and talent to the North Texas Food Bank:

Achieve Global	JC Penny	Southern Methodist
ACS	John Paul II	University
American Express	Catholic High	Southwest Airlines
Avelo Mortgage	School	Southwestern
Bent Tree Bible Fellowship	Korman Marketing	University Alumni Association
Bighouse Texas	KPMG	Sprint
Buchanan Associates	Lake Cities United	The Castillo Family
Capital One	Methodist Church	The Hasan Family
CIGNA	Lake Highlands Church	The Hilton-Anatole
Dave and Buster's	Liberty Mutual	The Hockaday School
Dell	Lockheed Martin	The Levitan Family
Deloitte & Touche	Maggiano's	The Pourfakhrai family
Desoto Senior Citizens	Mary Kay, Inc.	Unitrin
DLA Piper	Match.com	University Park
Dunkin' Brands	Nokia	United Methodist Church
Encana Oil & Gas	NW Missouri State Alumni	UPS
Episcopal School of Dallas	Olive Garden	US Army Foreign Students
Fannie Mae	Park Cities Baptist Church	Verizon Wireless
Fireman's Fund	PLS Tax Services	Young Men's Service League
Insurance	The Ritz Carlton, Dallas	
Frito-Lay	Schreiber Memorial	
Grant Thornton	United Methodist Church	
Greatwide		
Home Depot		

We'd also like to thank the following groups and individuals for hosting a Virtual Food Drive:

Altair Global Relocation	MOMS Club of Murphy/Sachse
Amdocs, Inc.	Prescription Solutions
Anthony Travel	PricewaterhouseCoopers
Bank of America	Saturn of Mesquite
CH2M Hill	Sewell Automotive Companies
DFW Business Travel Association	Sprint Nextel
Dr Pepper Snapple Group	The PNL Companies
EF Johnson	TPN
Food of Love	Verizon
Goldin, Peiser & Peiser	Watson Wyatt
Match.com	Weight Watchers of North America
Matthew Pourfakhrai	Westwood College-MACS
MedicalEdge Healthcare Group	
Meeting Professionals International	

And thank you to the following groups and individuals for hosting a canned food drive:

Achieve Global	Lady Walton/LWC
Air Hogs Baseball	Lori Rich
American Welding	LSG Sky Chef
Capital One Auto Finance	MedicalEdge Healthcare Group
Carlos Saucedo	Priston Montessori
Colemont Brokerage Group	Raytheon-CTC
Companion Data Services	Rosewood Mansion on Turtle Creek
CSC	Sewell Automotive Companies
D. Anderson & Company	Sewell Hummer
Dallas Association of Insurance Professionals	South DFW Bank of America
Dallas City Hall	Sprint Nextel
Dr Pepper Snapple Group	Staubach Company
DSS	Tatum
EF Johnson	Texas Instruments
EnCana Oil & Gas	The PNL Companies
FMC Garland	TXI Safety Department
Highland Springs	United Way
Holiday Inn Hotels & Suites	UPS Supply Chain Solutions
Interstate Hotels & Resorts	Watson Wyatt
JMC Restaurant Distribution	

Love of Food Leads to Serving Others

Chris LaLonde loves food. As the Executive Chef Instructor of the Food and Hospitality Institute at El Centro College, his job is to share his love of food with others.

When he discovered a service outlet that allowed him to share his passion for food while giving back to the community, he was thrilled.

Chris has been volunteering with the North Texas Food Bank's Operation Frontline program for five years. Operation Frontline is a national nutrition education program that promotes solutions to hunger by mobilizing volunteer chefs and nutritionists to teach cooking and nutrition skills to North Texans living on a low-income budget.

This year, Chris is teaching a new curriculum developed specifically for teenagers in the Youth Village at the Dallas County Detention Facility. The class, called "The Power of Eating Right" teaches basic life skills, culinary arts and important nutrition information.

Chris said he loves the program because he can see how quickly and profoundly the classes impact his students. He says one former student of his won an award in a cooking contest.

"[I'm] teaching individuals who really need the information for their everyday lives," he says. "To me, that's what makes it important. We're teaching how to make families run better, eat better and stretch their budgets. The skills we're giving them are so applicable."

Chris encourages others to get involved with the North Texas Food Bank, whether it's giving time through a creative service outlet like Operation Frontline or giving resources to help those in need.

We are so thankful for Chris and our many other dedicated volunteers and community leaders for their tireless efforts to help fight hunger here in North Texas.



Chef Chris LaLonde volunteers with the Food Bank's Operation Frontline program.

To volunteer or to host a Virtual Food Drive, contact Lydia Rudy at Lydia@ntfb.org.

with thanks

canstruction®

presented by the Society for Design Administration

A big thank you to the 29 architecture and design firms that participated in the 2008 Dallas **canstruction®** competition. Your collective efforts provided more than 78,000 pounds of food and more than \$4,000, translating into more than 81,000 meals for North Texans in need!



canstruction® would not have been possible without the hard work and dedication of Helen Stewart, this year's **canstruction®** committee chair and the entire Society for Design Administration committee.

We deeply appreciate the support of our sponsors, including Hickory Street Annex; Blue Mesa; Bread Winners; Turner Construction; Thomas Reprographics; Pronto Delivery, Courier, and Logistics; Babich & Associates; DART; Countdown, Inc.; Raymond L. Goodson Jr., Inc.; AMC ENTERTAINMENT; HeadShots, Etc.; Southwestern Blue Print; GSR Andrade Architects, Inc.; NorthPark Center; Wendy Barber Productions, Inc. and Texadelphia.

Thank you to the design teams, jurors, sponsors and **canstruction®** committee for realizing that one can makes a difference!

Dishing Out Gratitude

The Food Bank's inaugural Dishing Out Gratitude Award Ceremony was held September 18. Delicious hors d'oeuvres and beverages were graciously provided by Bolla at the Stoneleigh, The Cultured Cup, Go Fish Ocean Club, Hibashi Teppan Grill and Sushi Bar and Houston's. Honorees were recognized for their efforts exemplifying the Food Bank's core values.



The eleven award recipients of the inaugural Dishing Out Gratitude Recognition Event pose with their awards.

Honored recipients were: Tyson Foods, Inc.; Greatwide Logistics Services; Monica Egert Smith and Elizabeth Liser; Rev. Jay Cole; Sallie Plummer; The Ritz-Carlton, Dallas; Dr. Michael Noyes, Community Supervision and Corrections Department, Dallas County; Marianne Howells, KRLD; John and Darlene Williams; and DLA Piper US LLP. Thank you to all who participated!

Coming Together for Disaster Relief

Senator Kay Bailey Hutchison went to the Dallas Convention Center to view Hurricane Gustav relief efforts with the CEOs of the Mass Care Coalition, which consists of the North Texas Food Bank, The Salvation Army, American Red Cross and the Volunteer Center of North Texas. From left to right: Julie Thomas of the Volunteer Center of North Texas, Jan Pruitt, President & CEO of the North Texas Food Bank, Senator Kay Bailey Hutchison, Dallas Mayor Tom Leppert, Cheryl Sutterfield of American Red Cross and Maj. C. Mark Brown of The Salvation Army.



Save the Date!

2009 "Hunger and Thirst" Calendar Available!

Our 2009 "Hunger and Thirst" Calendars are full of great recipes and are available at Central Market stores in Dallas and Plano for a donation of \$10 or online for \$12 at ntfb.org. All proceeds benefit the Food Bank. The donation for each calendar purchased provides 30 meals for hungry North Texans. Order yours today!

Order Your Holiday Cards Now!

Thank your clients or let family and friends know how much you care with the Food Bank's holiday cards. Place your order now at ntfb.org. Prices include shipping and handling.

5 cards \$27.00
25 cards \$118.00
50 cards \$210.00



Whole Foods Giving Tree

December 1-December 24

Donate to the Food Bank while you're out shopping this holiday season through The Whole Foods Giving Tree! You can purchase ornaments in various denominations at checkout to hang on the store's Giving Tree. At the end of the season, Whole Foods will donate 100 percent of the proceeds to help feed hungry kids in our area.

Extinguish Hunger

Supported by The Wachovia Foundation

November 1 – December 31

Take your kids down to your local Dallas fire station and drop off non-perishable foods to benefit our annual Extinguish Hunger campaign with the Dallas Fire-Rescue. This is a great way to get the whole family involved in the effort to provide food to hungry North Texans this holiday season.

Empty Bowls 2009 presented by

Tom Thumb: February 20, 2009

For a ticket purchase of \$30 in advance or \$35 at the door, you can enjoy a delicious lunch provided by more than 20 select restaurants and take home a beautiful bowl hand-crafted by an area artisan – all benefiting the Food Bank. Young Strings of the Dallas Symphony Orchestra will entertain in the beautiful atrium of the Meyerson Symphony Center. Tickets will be available soon at ntfb.org.

Greater Dallas/Fort Worth

Souper Bowl of Caring:

January 11 – February 1, 2009

Mark your calendars now for the 2nd Annual Greater Dallas/Fort Worth Souper Bowl of Caring Food Drive.

Drop off non-perishable food items or make a cash donation at participating Albertsons, Central Market, Kroger or Tom Thumb grocery stores. Proceeds benefit the North Texas Food Bank and Tarrant Area Food Bank. For more information, visit www.souperbowl.org/dfw.



Resounding Harmony Concert

November 17 and 24

The newest community chorus in North Texas, Resounding Harmony, will benefit the Food Bank in two debut concerts. Both will include a food drive for the Food Bank. Tickets are \$25 and are available at www.resoundingharmony.org. A portion of the proceeds will benefit the Food Bank and Crossroads Community Services, a Food Bank Member Agency.

You Bring Hope to *Families in Need*

Like so many other single mothers, Blanca is trying hard to raise her two children, 2-year-old Pedro and 1-year-old Randy. More than anything, she wants to make sure her sons have everything they need to grow up as healthy and productive citizens.

Blanca's only income right now is in the form of food stamps. She's been looking for a job for months, but because it would cost \$400 a week to put Pedro and Randy in childcare during the day, it's been impossible for her to find work that would cover this expense.

"I can't find a job that pays more than the cost of childcare," she says.

This holiday season, Blanca wants more than anything to be able to provide a special meal for her boys. But right now, she just needs a little extra help.

Fortunately, friends like you are helping families like Blanca's every day. Thanks to your gifts to the North Texas Food Bank, she can come to **Oak Cliff United Methodist Church**, a Food Bank Member Agency, for nutritious groceries and special holiday food.

Blanca is so grateful for the food she receives at the pantry, and she knows the generosity of friends like you makes this possible.

"Thank you so much!" she says with genuine appreciation. "We wouldn't have a place to stay or anything to eat if it weren't for you! You've given me one more day to live."

"We wouldn't have a place to stay or anything to eat if it weren't for you!"

Blanca's 2-year-old son, Pedro



JUST ANNOUNCED: IMPORTANT TAX-SAVING OPPORTUNITY

The Charitable IRA Legislation of 2008 recently was signed into law, extending the benefits of the Pension Protection Act of 2006 for taxpayers age 70 1/2 or older through December 31, 2009. You can make a gift up to \$100,000 to the North Texas Food Bank using funds transferred from your IRA – without paying taxes on the transfer. For more information, please contact Sarah Squires at sarah@ntfb.org.

The North Texas Food Bank is PASSIONATELY PURSUING A HUNGER-FREE COMMUNITY



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Visit us on the web at ntfb.org, and stay up to date on Food Bank events by signing up for our online newsletter, Around the Table: Online Edition!

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