

Product	Refrigerated	Frozen
Beverages, fruit	3 weeks unopened	
Juice in cartons, fruit drinks, punch	7-10 days open	8-12 months
Condiments		
Refrigerated pesto, salsa	Date on carton; 3 days after opening	1-2 months
Sour cream-based dip	2 weeks	Doesn't freeze well
Dairy products		
Butter	1-3 months	6-9 months
Buttermilk	7-14 days	3 months
Cheese, hard (such as cheddar, Swiss)	6 months unopened; 3-4 weeks opened	6 months
Cheese, soft (such as Brie, Bel Paese)	1 week	6 months
Cottage cheese, Ricotta	1 week	Doesn't freeze well
Cream cheese	2 weeks	Doesn't freeze well
Cream whipping, ultrapasteurized	1 months	Do not freeze
Whipped, sweetened	1 day	1-2 months
Aerosol can, real whipped cream	3-4 weeks	Do not freeze
Aerosol can, non-dairy topping	3 months	Do not freeze
Cream, Half and Half	3-4 days	4 months
Egg, substitutes, liquid		
unopened	10 days	Manufacturer says "Do not freeze"
opened	3 days	Manufacturer says "Do not freeze"
Eggnog, commercial	3-5 days	6 months
Eggs, in shell	3-5 weeks	Do not freeze
Raw whites	2-4 days	12 months
Raw yolks	2-4 days	Doesn't freeze well
Hard cooked	1 week	Doesn't freeze well
Margarine	4-5 months	12 months
Milk	7 days	3 months
Pudding	Package date; 2 days after opening	Do not freeze
Sour cream	7-21 days	Doesn't freeze well
Yogurt	7-14 days	1-2 months

Deli foods

Entrees, cold or hot	3-4 days	2-3 months
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Store-sliced lunch meats	3-5 days	1-2 months
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Salads	3-5 days	Do not freeze
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Dough

Tube cans of biscuits, rolls, pizza dough, etc.	Use-by date	Do not freeze
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Ready-to-bake pie crust	Use-by date	2 months
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Cookie dough	Use-by date, unopened or opened	2 months
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Fish

Lean fish (cod, flounder, haddock, sole, etc.)	1-2 days	6 months
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Fatty fish (bluefish,	1-2 days	2-3 months
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mackerel, salmon, etc.)

Caviar, non-pasteurized (fresh)	6 months unopened; 2 days after opening	Do not freeze
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Caviar, pasteurized, vacuum-packaged	1 year unopened; 2 days after opening	Do not freeze
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Cooked fish	3-4 days	4-6 months
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Smoked fish	14 days or date on vacuum pkg.	2 months in vacuum pkg.
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Shellfish

Shrimp, scallops, crayfish, squid	1-2 days	3-6 months
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Shucked clams, mussels and oysters	1-2 days	3-6 months
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Live clams, mussels, crab, lobster and oysters	2-3 days	2-3 months
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Cooked shellfish	3-4 days	3 months
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Meat, fresh

Beef, lamb, pork, or veal chops; Steaks, roasts	3-5 days	4-12 months
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Ground meat	1-2 days	3-4 months
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Variety meats (liver, tongue, chitterlings, etc.)	1-2 days	3-4 months
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cooked meats (after home cooking)	3-4 days	2-3 months
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Meat, smoked or processed

Bacon	7 days	1 month
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Corned beef, in pouch with pickling juices	5-7 days	1 month
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Ham, canned ("keep refrig." label)	6-9 months	Not in can
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Ham, fully cooked, whole	7 days	1-2 months
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Ham, fully cooked, slices or halves	3-4 days	1-2 months
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Ham, cooked before eating	7 days	1-2 months
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Hot dogs, sealed in package	2 weeks	1-2 months
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Hot dogs, after opening	1 week	1-2 months
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Lunch meats, sealed in package	2 weeks	1-2 months
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Lunch meats, after opening	3-5 days	1-2 months
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Sausage, raw, bulk type	1-2 days	1-2 months
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Sausage, smoked links, patties	7 days	1-2 months
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Sausage, hard, dry (pepperoni), sliced	2-3 weeks	1-2 months
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Pasta, fresh	1-2 days or use-by date on package	2 months
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Poultry, fresh

Chicken or turkey, whole	1-2 days	12 months
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Chicken or turkey, parts	1-2 days	9 months
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Duckling or goose, whole	1-2 days	6 months
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Giblets	1-2 days	3-4 months
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Poultry, cooked or processed

Chicken nuggets, patties	1-2 days	1-3 months
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Cooked poultry dishes	3-4 days	4-6 months
Fried chicken	3-4 days	4 months
Ground turkey or chicken	1-2 days	3-4 months
Lunch meats, sealed in package	2 weeks	1-2 months
Lunch meats, after opening	3-5 days	1-2 months
Pieces covered with broth or gravy	1-2 days	6 months
Rotisserie chicken	3-4 days	4 months