

Frozen item	Freezer	In refrigerator after thawing
Bagels	2 months	1-2 weeks
Bread dough, commercial	Use-by date	After baking, 4-7 days
Burritos, sandwiches	2 months	3-4 days
Egg substitutes	12 months	Date on carton
Fish, breaded	3 months	Do not defrost. Cook frozen.
Fish, raw	6 months	1-2 days
Fruit such as berries, melons	4-6 months	4-5 days
Guacamole	3-4 months	3-4 days
Ice cream	2-4 months	Not applicable
Juice concentrates	6-12 months	7-10 days
Lobster tails	3 months	2 days
Pancakes, waffles	2 months	3-4 days
Sausages, uncooked	1-2 months	1-2 days
precooked	1-2 months	7 days
Sherbert, sorbet	2-4 months	Not applicable
Shrimp, shellfish	12 months	1-2 days
Topping, whipped	6 months	2 weeks
TV dinners, entrees, breakfast	3 months	Do not defrost. Cook frozen.
Vegetables	8 months	3-4 days