

Food 4 Kids

What is Food 4 Kids?

Food 4 Kids, a program of the North Texas Food Bank, is dedicated to improving the lives of North Texas children by providing backpacks full of kid-friendly, shelf-stable foods to elementary age students over the weekends. This program is completely free to schools and is provided by the North Texas Food Bank at no cost to the students.

At the end of the 2008-2009 school year, the Food 4 Kids program was operating in over 300 schools and serving nearly 8,000 children a week in the greater Dallas area.



How Does Food 4 Kids work?

- Each school that participates in the F4K program has a site coordinator, which can be faculty or staff member. The site coordinator is essentially there to make sure the program runs smoothly, and should spend LESS THAN 2 hours a week facilitating the program.
- The site coordinator will distribute the sacks of food to participating children each Friday. Food is ordered online and is picked up from the NTFB warehouse. Parents and volunteers often help with this, or with any other aspect of the program. District trucks can also be sent to pick up orders for multiple schools within a school district.
- Students enroll in the F4K program through referral. Any faculty or staff member can refer a student by filling out a simple form. Parents should not fill out referral forms for their children. Children who are “chronically hungry” or “food insecure” should be enrolled in the program. Food insecurity is the uncertainty of being able to acquire enough nutritious food to sustain an active & healthy life.



For more information regarding NTFB
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